**MULTI-CHOICE QUESTION TEST**

**SUNDAY 5th DECEMBER 2010**

**ANSWERS**

**How many movements are in Pattern Won-Hyo?**

21

24

**28**

**How long is a ‘Rear Foot Stance’?**

Half a Shoulder Width

**One Shoulder Width**

One & a Half Shoulder Widths

**What is ‘Upward Palm Block’ in Korean?**

**Ollyo Sonbadak Makgi**

Naeryo Sonbadak Makgi

Noollo Chagi

**What is ‘Twimyo Yop Chagi’?**

Glide Side Kick

Jump Side Kick

**Flying Side Kick**

**What is the weight in a ‘Walking Stance’?**

**50 - 50**

60 - 40

70 - 30

**‘Baldung’ is Instep in Korean?**

**True**

False

**What is ‘Nopunde Yop Sonkal Taerigi’?**

Low Knifehand Block

High Fingetip Thrust

**High Side Knifehand Strike**

**What is ‘Reverse Turning Kick’ in Korean?**

Baro Dollyo Chagi

**Bandae Dollyo Chagi**

Twigi Dollyo Chagi

**What is ‘Kaunde Sonkal Makgi’?**

**Middle Knifehand Block**

Middle Downward Block

Twin Knifehand Thrust

**The year in the meaning of the Pattern**

**Dan-Gun is 686 AD?**

True

**False**

**What part of the foot do you strike with for an ‘Inward Crescent Kick’?**

Ball of the Foot

**Inner Footsword**

Footsword

**What does ‘Sahyun’ mean?**

Assistant

Instructor

**Master**

**What Degree Black Belt is Chief Examiner**

**Master Ian Lawes?**

**7th Degree Black Belt**

8th Degree Black Belt

9th Degree Black Belt

**What is ‘Yopcha Olligi’?**

Hooking Kick

**Side Leg Raise**

Spinning Back Kick

**What is ‘W-Shape Block’ in Korean?**

Digutja Makgi

**San Makgi**

Miro Makgi

**What is ‘Doo Jirugi’?**

Side Punch

Obverse Punch

**Double Punch**

**What is ‘Low Stance’ in Korean?**

**Nachuo Sogi**

Dwitbal Sogi

Guburyo Sogi

**What is ‘Dwit Palkup’?**

Front Knee

Back Knee

**Back Elbow**

**What is ‘Double Forearm Block’ in Korean?**

**Doo Palmok Makgi**

An Palmok Makgi

Palmok Daebi Makgi

**What is a ‘Right Hooking Kick’ in Korean?**

**Orun Golcho Chagi**

Wen Gorreo Chagi

Orun Naeryo Chagi