**Black Belt 2nd Dan**

**2nd Dan Phase One**

Finger set and applications

Kicking form Two

Self Defence

1. Clutching feathers
2. Scraping hoof
3. Sword and hammer

Double Stick (Doble Baston)

Pakgang

Payong Sumbrada

**2nd Phase Two**

Elbow set

Self Defence

1. Wall Defence 1-2

2. Thrusting Wedge

3. Fallen Cross

Stick & Dagger (Baston y Daga)

Techniques 1-4

**2nd Dan Phase Three**

Eagle Set

Blocking Set Two

Knife Techniques (Baraw)

Bowtie

**Grading to 3rd Degree Black Belt**

Sword Techniques (Espada)

Crossada 1-5