**MULTI-CHOICE QUESTION TEST TOTAL SCORE**

 **SUNDAY 12th JUNE 2011**

**Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**How many movements are in Pattern Hwa-Rang?**

28

29

30

**How long is a ‘Vertical Stance’?**

Half a Shoulder Width

One Shoulder Width

One & a Half Shoulder Widths

**What is ‘Inward Palm Block’ in Korean?**

Ollyo Sonbadak Makgi

Naeryo Sonbadak Makgi

Anaro Sonbadak Makgi

**What is ‘Twimyo Apcha Busigi’?**

Glide Front Leg Raise

Skip Front Snap Kick

Flying Front Snap Kick

**What is the weight in an ‘X-Stance’?**

50 - 50

80 - 20

90 - 10

**‘Ap Kumchi’ is Footsword in Korean?**

True

False

**What is ‘Sun Sonkut Tulgi’?**

Straight Fingertip Thrust

Forefist Upward Punch

Flat Knifehand Strike

**What is ‘High Reverse Turning Kick’ in Korean?**

Nopunde Baro Dollyo Chagi

Nopunde Bandae Dollyo Chagi

NajundeTwigi Dollyo Chagi

**What is ‘Najunde Sonkal Makgi’?**

High Knifehand Block

Middle Downward Block

Low Knifehand Block

**The year in the meaning of Pattern**

**Choong-Moo is 1592?**

True

False

**What part of the foot do you strike with for a ‘Spinning Crescent Kick’?**

Ball of the Foot

Inner Footsword

Footsword

**What does ‘Sasung’ mean?**

Senior Student

Senior Instructor

Grand Master

**What Degree Black Belt was General Choi Hong Hi?**

8th Degree Black Belt

9th Degree Black Belt

10th Degree Black Belt

**What is ‘Golcho Makgi’?**

Wedging Block

Hooking Block

Sweeping Block

**What is ‘Pushing Block’ in Korean?**

Digutja Makgi

Miro Makgi

San Makgi

**What is ‘Ollyo Jirugi’?**

Upward Punch

Obverse Punch

Angled Punch

**What is ‘Right Vertical Stance’ in Korean?**

Wen Nachuo Sogi

Orun Gojung Sogi

Orun Soojik Sogi

**What is ‘Ap Palkup Taerigi’?**

Front Knee Thrust

Open Elbow Strike

Front Elbow Strike

**What is ‘Palm Pressing Block’ in Korean?**

Sonbadak Noollo Makgi

Sonkal Dung Makgi

Sonbadak Naeryo Makgi

**What is a ‘Left Side Piercing Kick’ in Korean?**

Orun Apcha Olligi

Wen Yop Chagi

Wen Yopcha Jirugi