

**KICKS**

Apcha Olligi =

Yopcha Olligi =

Apcha Busigi =

Yop Chagi =

Yopcha Jirugi =

Dollyo Chagi =

Naeryo Chagi =

Anuro Bandal Chagi =

Bakuro Bandal Chagi =

Golcho Chagi =

Gorreo Chagi =

Bituro Chagi =

Bandae Gorreo Chagi =

Bandae Dollyo Chagi =

Goro Chagi =

Twimyo Chagi =

Doo Chagi =